

CHAPTER 5 QUIZ

Write the letter of the best answer in the space provided.

- _____ 1. When you are lifting a heavy object, most of the work should be done by the muscles of your:
A. back. C. shoulders.
B. arms. D. legs.
- _____ 2. For which reason should an urgent move be used?
A. The patient requests it.
B. Immediate treatment for a breathing emergency can be performed.
C. You are directed to do so by a police officer.
D. Moving the patient makes it easier for the EMT to provide nonurgent care.
- _____ 3. The preferred device for carrying a conscious medical patient down a flight of steps is the:
A. stair chair. C. ambulance stretcher.
B. Reeves™ device. D. backboard.
- _____ 4. One technique that can greatly reduce risk of back injuries when lifting and moving patients is:
A. not allowing the weight to get close to your body.
B. keeping the lifted weight in close to your body.
C. keeping your feet together.
D. locking out your knees.
- _____ 5. Which of the conditions below is not one that permits the use of an emergency move?
A. The scene is hazardous.
B. Care of life-threatening injuries requires repositioning.
C. A stable patient's position is hampering a police investigation.
D. You need to reach other patients who require urgent care.
- _____ 6. When an abbreviated assessment on a patient trapped in wreckage reveals that the patient must be moved quickly, you would order a(n):
A. emergency move. C. immediate move.
B. urgent move. D. rapid move.
- _____ 7. The technique used when quickly removing a patient from a vehicle is called:
A. log rolling. C. rapid extrication.
B. the long axis drag. D. the Stokes move.
- _____ 8. Unresponsive patients without suspected spinal injuries should be placed in the:
A. position of comfort. C. recovery position.
B. Fowler's position. D. Trendelenburg position.
- _____ 9. The method that should be used when moving a patient onto a long spine board is the:
A. log roll. C. direct ground lift.
B. cradle lift. D. fireman's lift.
- _____ 10. The method commonly used to transfer a patient from a bed at home to a stretcher is the:
A. extremity lift. C. fireman's carry.
B. direct ground lift. D. draw sheet method.