What is a Volksmarch:

A Volksmarch is literally "Folks walk" or a walk for the people, along a prescribed route with each walker setting their own pace. These walks can be done by a marked route, a map guided walk, or a guided walk. The purpose of these walks is to encourage physical fitness, promote fellowship and to enjoy the outdoors. This is a fun activity to do with family, friends, or all by yourself. Children 12 and under must be accompanied by an adult. Most Volksmarches are 10KM (6.2 miles) in length. They are hosted by clubs in every state of the U.S. and more than 30 nations.

Disclaimer:

The sponsors of these events cannot be held liable or responsible for accidents, theft, material damage, and/or injury. Every reasonable effort will be made to make the walks safe and enjoyable. Participants are cautioned to take due care and restrain your children. Children 12 and under must be accompanied by an adult and pets must be on a leash. It is requested that participants keep the trails free from papers and other debris. By registering for these events, the participant agrees to these conditions.

Refreshments:

Water and restrooms are available at the Start/Finish point and near the middle of the walks. You may wish to carry water.

Sponsors:

The River City Ramblers is a walking club located in Evansville, Indiana. It is a member of the Indiana Volkssport Association (IN-12) and the American Volkssport Association (AVA-458.).

General Information:

About the walks contact: Stan & Linda Neu at 812-425-3886

E-mail: stan-linda.n@juno.com

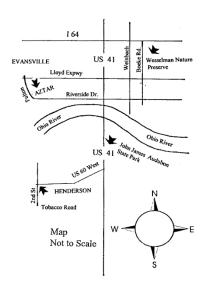
Jim Geiser, 812 963-5595

E-mail: Jgvf65@insightbb.com

Write: The River City Ramblers, 2003 N. Heidelbach Ave. Evansville, IN 47711 http://goo.gl/SRMaO

About Volkssporting:

American Volkssport Association 1001 Pat Booker Rd., Suite 101 University City, TX 78148-4141 http://www.ava.org



Aztar to Audubon Park 7 Miles Aztar to Wesselman Park 4 Miles Wesselman to Audubon Park 8.5 Miles Audubon Park to Chuckles 3.2 Miles

Special Events

Historic Evansville

- Bakeries Family Owned: A Piece of Cake 210 Main St.
- Classic Movie Theaters Cinemas: Victory Theater – 6th and Main
- Main Street:
- Murals: Lamasco Bar 1331 W Franklin St.
- WPA Works Projects Administration: NE corner
 1st & Franklin former Community Center
- Rainbows: Pigeon Creek Greenway
- Fraternal Organizations: Shrine Temple –
 6 Walnut St.

Wesselman Nature Preserve

Alternate (University of Evansville)

- American's Baseball Walks: Charles H Braun Stadium
- Fraternal Organization: U of E Fraternities
- Note: Alternate trail used if Wesselman's trails are muddy or slick due to rain or ice.

John James Audubon State Park

- Rainbows: Kentucky is the Bluegrass State
- WPA Works Projects Administration: Park construction and creation

Henderson Downtown

- Grist Mills: Plaque at Audubon Mill Park
- Rainbows: Kentucky is the Bluegrass State

Sponsored by:

The American Volkssport Association and The River City Ramblers



River City Ramblers Evansville, Indiana

4 Year/Round Volksmarch Walk Events Jan 1-Dec 31, 2013



Historic Evansville

Evansville, Indiana MA2013/Y1622

Wesselman Nature Preserve

Evansville, Indiana MA2013/Y1812

John James Audubon State Park

Henderson, Kentucky MA2013/Y1754

Henderson Downtown

Henderson, Kentucky MA2013/Y1602

INVA #102





Historic Evansville, IN 5 & 10 KM (Y1622)

Start Point: Aztar Hotel Desk

412 NW Riverside Dr., Evansville, IN

812-433-4400 or 800-342-5386

Hours: Dawn to Dusk

Award: River boat depicted on enamel pin

"A" award and credit \$7.00 Credit \$3.00

Registration: This is a self-registration event. Go to the desk at the Aztar Hotel and ask for the Volksmarch (Walk) box. Follow the instructions in the box to register for and participate in this event. Children under 12 must be accompanied by an adult. You must fill out a start card and on completion of the walk place it and money, if applicable, in the SAE and mail.

Trail Description: The walk is rated 1A with very small hills almost entirely on pavement. The walk is on sidewalks and paths in downtown Evansville. It is suitable for strollers but may be difficult for wheelchairs. Not all curbs are cut. The trail follows portions of the Greenway Passage. It also passes the new arena, parts of the downtown area, a historic residential district, and along the Ohio River esplanade. Pets must be on a leash and may be prohibited from entering buildings. You may wish to carry water.

Directions: From the north on US 41 take the Lloyd Expwy, RT 62, West, to Fulton Ave exit. Turn left (south). Fulton becomes Riverside at curve. From the south take US 41 north to Veterans Memorial Pkwy to Riverside Dr. Follow the signs to Casino Aztar. Free parking is available in the parking garage.

>>> Bakeries Family Owned, Classic Movie Theaters Cinemas, Main Street, Murals, WPA Works Projects Administration, Rainbows, Fraternal Organizations

Evansville-Wesselman Nature Preserve, IN/ University of Evansville (Alt) 2 10 KM trails (Y1812)

Start Point: Wesselman Woods Nature Preserve 551 N. Boeke Rd., Evansville, IN 812-479-0771 (phone is not manned on weekends) There is no fee to enter, however donations are accepted.

Hours: 9 AM to 5 PM Tues. through Sat. The Nature Center is closed Sun., Mon., and most holidays.

Award: This is a credit only event. Credit is \$3.00. Those not wanting credit may walk for free. No refunds given.

Registration: This is a self-registration event. The Volksmarch (walk) box is on the shelf behind the reception desk to the left as you enter the Nature Center. The desk may not be staffed so help yourself. Follow the instructions in the box to register for and participate in this event. Children under 12 must be accompanied by an adult. You must fill out a start card, and upon completion of the walk, place the money, if applicable, in the SAE and mail. In registering for this event you are expected to observe the rules of the nature preserve.

Trail Description: The walk is rated 1C with very small hills and a significant part on somewhat difficult terrain. The trail is on park paths and boardwalks all in a forest setting. It is not suited for wheelchairs or strollers. No pets are allowed in the Nature Preserve. * Alternate Trail is rated 1A with very small hills almost entirely on pavement. It is a college campus walk at the Univ. of Evansville. Alternate used if bad weather with slick or muddy trails in park.

Directions: From the north or south, take U.S. 41 to the Lloyd Expwy, RT66. Exit East. From I-164 take the Lloyd, RT66, West. Exit at Boeke Road. Go north about 2 blocks to the entrance on the right. Parking is available at the Nature Preserve at the back of the park.

>>>Alt: American Baseball, Fraternal Org.

Henderson-John James Audubon State Park, KY 5 & 10 KM (Y1754)

Start Point: John James Audubon State Park Office, 3100 US Hwy. 41 N., Henderson, KY 270-826-2247

Hours: 8:00 a.m. to 4:00 p.m. Closed Thanksgiving, New Years Day, and closed one week at Christmas.

Award: This is a credit only event. Credit is \$3.00. Those not wanting credit may walk for free. No refunds given.

Registration: This is a self-registration event. The Volksmarch (walk) box is located in the park office by the window. Follow the instruction in the box to register for and participate in this event. Children under 12 must be accompanied by an adult. You must fill out a start card, and upon completion of the walk, place the money, if applicable, in the SAE and mail. In registering for this event you are expected to observe the rules of the Park.

Trail Description: The walk is rated 3C with significant hill and stair climbing on somewhat difficult terrain. The trail is in the Kentucky State Nature preserve on park paths in a forest setting. The trail is not suitable for wheelchairs or strollers. No pets are allowed in the Park. Sturdy shoes and hiking sticks are suggested. You may wish to carry water.

Directions: The Park is located in the northern outskirts of Henderson, KY. From the north or south take US 41 to ½ mile south of the Ohio River Bridges. The entrance is on the east side of Hwy 41.

>>> Rainbows, WPA Works Projects Administration

Henderson Downtown, KY 10KM (Y1602)

Start Point: Chuckles gas station 202 North Green St., Henderson KY 270-830-9370

Hours: Dawn to Dusk. Please park on the 2nd Street side of the building. Do NOT park in front of building or beside Wendy's. On weekends you may park behind the office building to the left of Wendy's.

Award: This is a credit only event. Credit is \$3.00. Those not not wanting credit may walk for free. No refunds will be given.

Registration: This is a self-registration event. Go to the store clerk and ask for the Volksmarch (walk) box. Follow the instruction in the box to register for and participate in this event. Children under 12 must be accompanied by an adult. You must fill out a start card, and upon completion of the walk, place the money, if applicable, in the SAE and mail. In registering for this event you are expected to observe good Volksmarching etiquette.

Trail Description: The walk is rated 1A with very small hills almost entirely on pavement. The trail is on city sidewalks along the edge of paved park roads and on park paths in an urban setting. Wheelchairs and strollers can negotiate the trail, but not all curbs are cut. Pets are allowed but not in buildings. You may wish to carry water.

Directions: From the north, take US 41 south to exit 81, US 60 West. US 60 West becomes Green St. in Henderson. From the South, take the Pennyrile Parkway North to exit 81; US 60 West becomes Green St. In Henderson take Green St. to 2nd St. The start point is on the left.

>>> Grist Mills, Rainbows