

RESPECT FOR SELF AND OTHERS



Time Required: 30-45 minutes

Principles:

- Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.

Objectives (Students will...):

- Understand the influence of a positive self-concept.
- Develop skills to interact positively with others.

GOAL: Students will examine how they demonstrate respect for self and others.

Activity Statements:

Students will discuss how to demonstrate respect for self and others.

Materials:

Paper and Pen/pencil

Procedures:

1. Write the following questions on the board:
 - a. What would you say to someone who was spreading a rumor about you?
 - b. What would you say to someone who ignores you when you ask a question?
 - c. What would you say to someone who cuts in front of you in line?
 - d. What would you say to someone who makes a nasty comment about you?
2. Divide students into small groups of 3 - 4 students.
3. Select one student to be the presenter for each group.
4. Ask each group to brainstorm solutions to the above questions and list these solutions on paper.
5. Encourage all groups to share their insights with the entire class.

Discussion:

1. Why is it important to be respectful to others?
2. How can showing disrespect toward others make a situation worse?
3. How do you demonstrate respect for self and others?
4. What can you do to improve how you show respect toward others?

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Integrative Closing Statement:

Learning how to demonstrate respect for self and others is important. Many times how we communicate our feelings to each other can influence the outcome of a situation.

Additional Resources:

Teaching Respect for Self and Others

http://www.parenting.org/archive/discovery/life_lessons/2001-02/Aug02_teaching_respect.asp

Quotations about Self-Respect

<http://www.quotegarden.com/self-respect.html>

Extension Activities:

Set two personal goals of how you will be more respectful of self, peers, family and community leaders.

Resource:

Chicago Public Schools (9-12) 30 Advisor/Advisee Lessons
