

STUDY SKILLS ASSESSMENT



Time Required: 30-45 minutes

Principles:

- Students will acquire attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.
- Students will complete school with the academic rigor and preparation essential to choose from a wide range of substantial postsecondary options, including college.

Objectives (Students will...):

- Develop a variety of strategies to improve learning.
- Apply the study skills necessary for academic success at each level.

GOAL: Students will improve at least one aspect of their study habits.

Activity Statement:

Students will complete a survey of their study habits and select a concrete resolution regarding a particular habit that they can improve upon.

Materials:

1. Handout 1 -- Personal Study Skills and Habits Review Survey
2. Handout 2 -- Study Skills Tip Sheet
3. Pen/pencil

Procedures and Discussion:

1. Instructor will begin the class with the question, "What is a habit?" This question may be placed on an overhead, chalkboard or asked verbally. This will lead to a discussion about habits, both positive and negative. The counselor will need to keep the discussions about positive and negative habits appropriate.
2. Instructor will transition this discussion into personal study-skills habits/strategies. The counselor will ask, "Do you use study-skills habits?" Allow for the students to give responses and place those responses on an overhead or chalkboard. Facilitate a brief discussion about how these habits/strategies were developed and/or learned.

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3. The instructor will then pass out the “Personal Study Skills and Habits Review Survey.” Allow time for the students to complete both the survey and the questions at the end of the survey.
4. After the students have completed the survey and questions, facilitate a class discussion about the study-skills habits students consider to be their strongest and the study-skill habits students consider to be their weakest. (This may need to be the start of the second day.)
5. Pass out the “Study Skills Tip Sheet” to all students. The instructor will go over the tips sheet with the students. He or she will explain that these tips along with the study-skill habits they are already using will help them be successful in high school. It should also be noted that weaker study-skills habits can be developed to be more successful. The instructor will instruct students to read “Study Skills Tip Sheet” and highlight, underline or circle tips they will implement in order to successfully achieve their goals in high school.
6. The counselor may choose to collect the student’s survey sheet. These surveys may be used to identify students who need individual or small group sessions to strengthen positive study-skills habits. The completed surveys will be maintained in students’ portfolios (or other storage system).

Additional Resources:

MSCA Pointers for Students: “Searching for Solutions: Improving Student Study-Skills”
(Call 1-800-264-6722 or email msca@mvp.net for copies.)

Extension Activities: None
