

Setting Future Goals



Time Required: 30-45 minutes

Principles:

- Students will make decisions, set goals, and take necessary action to achieve goals.
- Students will acquire attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.
- Students will complete school with the academic rigor and preparation essential to choose from a wide range of substantial postsecondary options, including college.

Indicators (Students will...):

- Review and build upon educational skills necessary to progress toward life-long learning.
- Establish challenging academic goals in high school.
- Develop an action plan to set and achieve realistic goals.

GOAL: Students will write a letter or draw a visual, expressing success goals they wish to obtain in high school.

Activity Statements:

Student will set long term goals by developing a concept map or writing a goals letter to themselves setting goals they wish to accomplish while in high school. They will “begin with the end in mind.” The letter or concept or mind map will be created as if they are graduating from high school and have already obtained these goals.

Materials:

1. Pencil/Paper
2. Handout 1 *“21st Century Framework”*
3. Handout 2 *“Outline for Setting Graduation Goals”*
4. Teacher Resource 1 *“Mind vs. Concept Mapping”*

Procedures:

1. Using Handout 1 *“21st Century Framework,”* students will discuss in groups 21stCentury Skills to acquire during high school to be prepared for post secondary success.
2. Building upon goals students set last week have students follow the outline on Handout 2 to write a letter or draw a mind or concept map as though they are reflecting upon their high school experience on their graduation day.

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Discussion:

What are the most important 21st Century skills and knowledge you will obtain while in high school?

What is something that you plan to change to help you reach new heights while in high school?

Who will you turn to for help when you are making decisions that will keep you from reaching your goals?

Additional Resources:

Mind Mapping http://www.12manage.com/methods_mind_mapping.html

Concept Mapping <http://classes.aces.uiuc.edu/ACES100/Mind/CMap.html>

Extension Activities: Complete final draft of letter or concept or mind map and be prepared to place in portfolio folder during the next Advisory lesson.
