

YOUR ATTITUDE IS SHOWING



Time Required: 30-45 minutes

Content Standards: AA.S.8 Students will make decisions, set goals, and take necessary action.

Indicators (Students will...): AA.PSD.12.8.03 Identify how attitudes and behaviors lead to successful learning.
AA.PSD.12.8.06 Understand the consequences of decisions and solutions.

GOAL: Students will be able to relate the importance of positive attitudes to their personal life and to employability skills.

Activity Statements:

Students will review, discuss, and identify personal attitudes and how they affect others.

Materials:

1. Handout 1 – Check Out My Attitude
2. Handout 2 – Work Attitudes
3. Handout 3 – How Does Attitude Affect My Job

Procedures and Discussion:

1. Start session with information below and then proceed with distribution and discussion of handouts.
 - What is attitude? Attitude is the general feeling you communicate to others. While no one can actually see your feelings; you give off signals that other people pick up and interpret. These signals affect your personal relationships and your relationships with co-workers.
 - Your attitude shows up in your facial expressions and body language. A smile may mean, “I’m an easy person to work with.” While a frown may mean, “I’m angry.” Your success or failure at work may depend on our attitude. We are going to complete some activities today to help you evaluate your attitudes.

Additional Resources:

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Career Success - <http://www.career-success-for-newbies.com/define-your-attitude.html>

Job Success - <http://www.deed.state.mn.us/cjs/jsuccess.htm>

Extension Activities:

Practice using a positive attitude. Teach others the skills you learned in class. Review the above websites with your parents and identify problem attitudes each and set goals to improve using what you learned.
