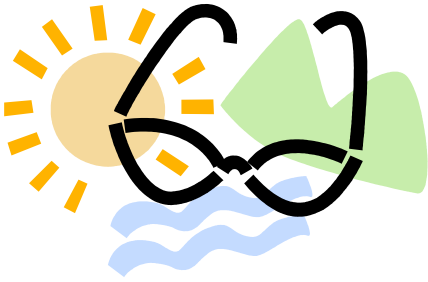


# PLANNING FOR SUMMER



**Time Required:** 30-45 minutes

**Principles:**

- Students will make decisions, set goals, and take necessary action to achieve goals.

**Objectives (Students will...):**

- Identify rights and responsibilities to self and others.
- Use problem-solving and decision-making skill to make safe healthy choices.

**GOAL: Students will make plans for the summer and include their academic and personal goals.**

**Activity Statements:**

Students will discuss their plans for the summer and their academic and personal goals.

**Materials:**

1. Handout 1 – *Summer Activities Checklist*
2. Handout 2 – *Setting and Reaching Goals (Place in binder)*
3. Pen/pencil

**Procedures:**

**SAY:** Summers are a time to relax and catch up on things you've neglected during the school year. Most of us have big ideas on what we will accomplish or do over the summer. If you don't plan ahead, the summer will be gone and you will not accomplish anything. During today's lesson you will set some definite goals and action steps you need to take in order to accomplish your goals.

1. Duplicate and distribute the handout.
2. Have students read the suggested activities and check the ones that they would like to do.
3. When they have finished, have each student develop a goal sheet for the summer.

**Discussion:**

1. If you have failed a course this past year, how do you plan to make up the credit for it?
2. Can summer employment be a learning experience? How?
3. What type of community service could you do this summer?

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4. What three books could you read this summer?
  5. What are some things you can do for yourself this summer?
  6. What are some things you can do for your family this summer?

**Integrative Closing Statement:**

There are many people who would like to trade places with some students. They include adults who would love to have all the time on their hands that some students will have this summer. Encourage your students to enjoy their summer vacation and do what they can to make sure that they are being productive.

**Additional Resources:**

**Extension Activities:** None

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