

# A PLACE TO BELONG



**Time Required:** 30-45 minutes

## **Principles:**

- Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.

## **Objectives (Students will...):**

- Identify activities the individual student might participate in to become a contributing member of a school community.

**GOAL: Students will familiarize themselves with their school's athletic teams, clubs, and other school activities.**

## **Activity Statement:**

Students will identify which extracurricular activities that interest them.

## **Materials:**

1. Student Survey
2. Pen/pencil
3. List of Extra-Curricular Activities/Power Point or School Program

## **Procedures:**

1. Distribute the list of extracurricular activities included and read through it with your group. Feel free to add any activities that your school has that are not on the list. Cross off activities that your school does not offer. Obtain a list of faculty sponsors in your school to share with students. Have students write each sponsor's name next to the club or sport.
2. Have students indicate any activities they are already involved in by putting a check mark next to them.
3. Have them put an "X" next to those that they would be interested in joining and/or would need more information about before joining.

## **Discussion:**

1. Why do you think many colleges and universities want to know if high school students were active in extracurricular activities?

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2. What club or activity would you like to see the school add? What teacher do you think would be a good sponsor?
3. Why do you think that schools pay attention to the grades of students who are members of teams? Is this a good idea?

## **Integrative Closing Statement:**

Extracurricular activities provide another way for students to demonstrate some of their abilities and self-discipline.

## **Additional Resources:**

Benefits of Extra-curricular Activities: <http://www.collegeboard.com/student/plan/high-school/113.html>

Thinking About Extra-Curricular Activities: [http://www.prepme.com/resources/article/t/extracurricular\\_activities](http://www.prepme.com/resources/article/t/extracurricular_activities)

**Extension Activities:** Talk to several students about their school involvement. Talk to coaches about sports you are considering. Consider being a helper to a sport, such as a sports recorder, if you do not consider yourself athletic.

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