

Dating Bill of Rights I have the right...

- ❖ To ask for or refuse a date
- ❖ To be treated with respect ALWAYS
- ❖ To be in a healthy relationship
- ❖ To be treated as an equal
- ❖ To keep my body, feelings, beliefs and property to myself
- ❖ To set my own limits and stick to my values
- ❖ To suggest activities on a date
- ❖ To have my own friends and activities apart from my boyfriend or girlfriend
- ❖ To have my own feelings and to be able to express them without fear
- ❖ To say I think my date's information is wrong or their actions are unfair or inappropriate.
- ❖ To ask someone not to interrupt me
- ❖ To have my limits and values respected
- ❖ To tell my date when I need affection
- ❖ To refuse affection
- ❖ To be heard
- ❖ To refuse to lend money
- ❖ To refuse sex with anyone just because they took me out on an expensive date
- ❖ To refuse sex at any time for any reason
- ❖ To say no for any reason
- ❖ To leave a relationship

I have the responsibility...

- To communicate clearly and honestly
- To ask for help when I need it
- To be considerate of others
- To check my actions & decisions and determine whether they are good for me or bad for me
- To set high goals

Resources: Domestic Violence Advocacy Program of Family Resources, Inc.

<http://www.chooserrespect.org/scripts/teens/rights.asp>