

Learning Styles

MAKING YOUR LEARNING STYLE WORK FOR YOU!

Once you have figured out the way you learn, you will need to use specific strategies to fit into your way of learning. For example, if you are a visual learner, you could use a highlighter when reading a text book. The bright color would appeal to your artistic sense and help you concentrate on the reading.

Here are some more practical suggestions pertaining to each learning style:

Visual Learners:

- use visual materials such as pictures, charts, maps, graphs, etc.
- have a clear view of your teachers when they are speaking so you can see their body language and facial expressions
- use color to highlight important points in text
- take notes or ask your teacher to provide handouts
- illustrate your ideas as a picture or brainstorming bubble before writing them down
- write a story and illustrate it
- use multi-media (e.g. computers, videos, and filmstrips)
- study in a quiet place away from verbal disturbances
- read illustrated books
- visualize information as a picture to aid memorization

Auditory Learners:

- participate in class discussions/debates
- make speeches and presentations
- use a tape recorder during lectures instead of taking notes
- read text out aloud
- create musical jingles to aid memorization
- create mnemonics to aid memorization
- discuss your ideas verbally
- dictate to someone while they write down your thoughts
- use verbal analogies, and story telling to demonstrate your point

Tactile/Kinesthetic Learners

- take frequent study breaks

- move around to learn new things (e.g. read while on an exercise bike, mold a piece of clay to learn a new concept)
- work in a standing position
- chew gum while studying
- use bright colors to highlight reading material
- dress up your work space with posters
- if you wish, listen to music while you study
- skim through reading material to get a rough idea of what it is about before settling down to read for detail.

Source: http://www.ldpride.net/learning_style_work.html

My Plan

My dominant learning style is _____.

My secondary learning style is _____.

My intellectual strengths are _____

Techniques that fit my style I'm willing to try are:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.