

What are learning styles?

Learning styles are simply different approaches or ways of learning.

What are the types of learning styles?

• Visual Learners:

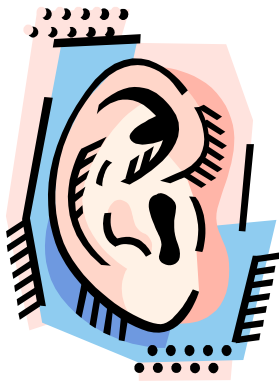
learn through seeing...



These learners need to see the teacher's body language and facial expression to fully understand the content of a lesson. They tend to prefer sitting at the front of the classroom to avoid visual obstructions (e.g. people's heads). They may think in pictures and learn best from visual displays including: diagrams, illustrated textbooks, overhead transparencies, videos, flipcharts and hand-outs. During a lecture or classroom discussion, visual learners often prefer to take detailed notes to absorb the information.

• Auditory Learners:

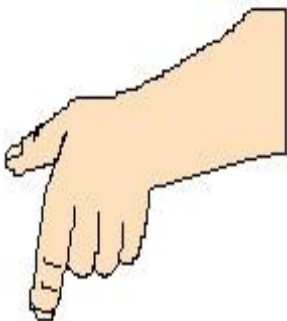
learn through listening...



They learn best through verbal lectures, discussions, talking things through and listening to what others have to say. Auditory learners interpret the underlying meanings of speech through listening to tone of voice, pitch, speed and other nuances. Written information may have little meaning until it is heard. These learners often benefit from reading text aloud and using a tape recorder.

• Tactile/Kinesthetic Learners:

learn through moving, doing and touching...



Tactile/Kinesthetic persons learn best through a hands-on approach, actively exploring the physical world around them. They may find it hard to sit still for long periods of time and may become distracted by their need for activity and exploration.

Go to: <http://www.ldpride.net/learning-style-test.html> for a free quick online quiz to help you determine your learning style.