

# POST-SECONDARY SURVIVAL TIPS



**Time Required:** 30-45 minutes

**Content Standards:** AA.S.8 Students will make decisions, set goals, and take necessary action to achieve goals.  
AA.S.4 Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.

**Indicators (Students will...):** AA.PSD.12.8.05 Use a decision-making and a problem-solving model.

AA.PSD.12.8.06 Understand the consequences of decisions and solutions.

AA.PSD.12.8.07 Identify alternative solutions to a problem.

AA.C.12.4.09 Understand the importance of responsibility, dependability, punctuality, integrity and effort in the workplace.

**GOAL:** Students will explain how to overcome some of the challenges of the post-secondary adjustment

**Activity Statements:** Students will discuss how they will handle various post-secondary challenges.

## **Materials:**

1. Pencil/pen
2. Handout, Post-Secondary Survival

## **Procedures:**

1. Divide the class into small groups and have them brainstorm about potential situations encountered in college and the workforce and about what makes a good employee or student.
2. Group students according to their responses.
3. Ask students to discuss reasons for their perspectives.
4. Select a recorder who will share his/her group's ideas aloud.
5. Ask the students to use the handout as a discussion guide and to complete the handout with information that applies to them.

# COLLEGE/WORK SURVIVAL TIPS

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## Discussion:

1. How is college or employment different from high school?
2. Can most students handle the responsibility of caring for themselves?
3. Have you known anyone who has gone to college or obtained employment and not been successful?
4. Do you know anyone who has successfully completed college or maintained employment long term?

Post-secondary situations challenge both academically and socially. Taking care of yourself requires maturity.

## Additional Resources:

Preparing for college, <http://www.washington.edu/doi/Brochures/Academics/cprep.html>  
College Survival Guide <http://www.gocollege.com/survival/>

## Extension Activities:

Other activities as assigned by advisor.

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