

POST-SECONDARY PLANNING

GOAL: Students will write target goals to pursue their post-secondary option.

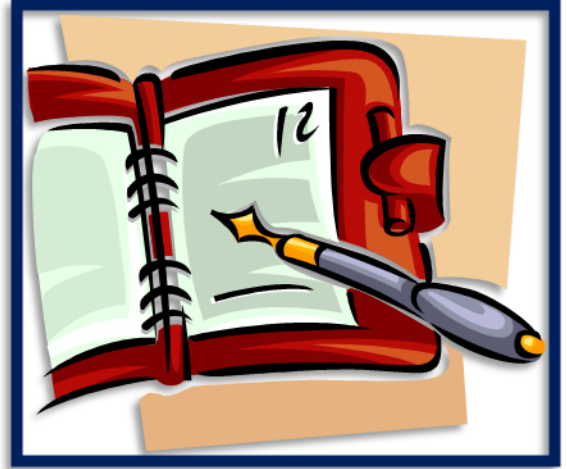
Time Required: 30-45 minutes

Principles:

- Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.

Objectives (Students will...):

- Develop skills to locate, evaluate, interpret, and complete necessary career tools to obtain post-secondary goals.



Activity Statements:

1. Student will identify post-secondary/career training options available after graduation.
2. Student will check off action steps and create target goals to help themselves explore and pursue their post-secondary options.

Materials:

Handout 1 Career Training Options
Handout 2 The Next Step Action Plan

Procedures & Discussion:

1. As a warm up review post-secondary options that are available after high school. Using Handout 1 Career Training Options give the students a few minutes to mentally answer the questions. Then whole group, explain the benefits of each option. Students are to end the exercise by identifying with one option.

Military: pays you for job training/education.

Apprenticeship: pays you while you are working, allows you the opportunity to try a career to see if you like it, provides a progressive pay scale as you gain more training and experience.

Correspondence Courses: allows you to work at your own pace.

Vocational/Technical Colleges: charge less tuition than 4-year universities and allow you to enter the workforce sooner.

Community College: allows you to earn an associate degree (2 years) which allows you to enter the workforce or apply to a major university.

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Four-Year College/University: allows a more in-depth study of your chosen field in which you could earn a B.S.(Bachelor of Science) or a B.A. (Bachelor of Arts).

World of Work: provides limited options of other work experience based on training received while in high school, usually lower paying than careers with advanced training.

Note: At this time mention to students any other postsecondary options available to students within your community.

2. Whole group discuss resources students can use to find out more information on each post-secondary option. Make sure discussion includes school and public libraries, visit or call the schools/training centers, talk to people on the job, ask guidance counselor, ask teachers, ask parents, relatives and adult friends.
3. Distribute Handout 2 The Next Step Action Plan. Students are to check off Action Steps and then create target goals to help themselves explore their post-secondary options. Encourage students to do research on possible career choices and discuss the benefits of planning for their future.

Additional Resources:

A Look at Your Post-Secondary Options:

http://lhs.lexingtonma.org/Dept/Guidance/post_sec_guide/post_plng1.html

Tips on Taking a Break after High School:

http://lhs.lexingtonma.org/Dept/Guidance/post_sec_guide/post_plng2.html

Dictionary of Occupational Titles

<http://www.occupationalinfo.org>

Workforce WV

<http://www.wvbep.org/bep/default.htm>

Military Careers

<http://www.todaysmilitary.com/careers>

N Apprenticeship Programs

<http://www.buildingtradejobs.org/>
