

GOAL RELECTIONS HANDOUT 1



This lesson gives you the opportunity to reflect on your high school experience by reviewing the goals you set for yourself in your goals letter.

Directions: Read your goals letter. Did you reach your target? Check off all the goals you met, then complete the self-reflective questions below.

- Grade Point Average
- School Attendance
- Behavior
- Friends
- Family
- Community Service
- Extra-curricular Activities
- Clubs
- Athletics
- 21st Century Skills
- Study Skills
- Time Management
- Organization
- Post Secondary Preparation (dual credit, EDGE courses, AP courses, technical programs, etc.)
- Post Secondary Goals

I completed _____ number of goals.

I am most proud of _____

I am most disappointed in _____

If I had to do over I would _____

The main reason(s) I did not reach some goals were: _____

What I have learned from this is _____

What I will do differently in the future is _____